



Employee Wellbeing

Aspers Group has developed an employee wellbeing policy to manage its obligations to maintain the mental health and wellbeing of all staff. It covers Aspers commitment to employee health, the responsibilities of managers and others for maintaining psychological health, health promotion initiatives, communicating and training on health issues, the range of support available for the maintenance of mental health, and organisational commitment to handling individual issues.

The Aspers aim of this policy is to describe Aspers commitment to the mental health and wellbeing of employees in its broadest, holistic sense, setting out how the Company fulfils its legal obligations, the responsibilities of different functions and specialists and the range of services available to help employees maintain health and wellbeing. Aspers recognises that wellbeing and performance are linked. Improving employees' ability to handle pressure and to balance work and home life will ultimately lead to improved individual and organisational performance.